
Estela Rodriguez-Jebril, MSW Therapist

CA therapist#ASW25302



providing individual and family counseling with care and compassion

As a therapist in San Diego County specializing in helping people within the Muslim community, I want you to know that you've found someone who understands and cares.

My goal is to help you find the information, services and support that you are looking for. There is help and hope for those suffering who often hide their pain and suffer alone for many years before seeking support or treatment. Misdiagnosis is common, especially in children, and at times appropriate treatment is difficult to find.

The good news is that mental health is much better understood now and successful treatments are available. And there is a community of others who can offer understanding and support, including a community forum right here.

SERVICES INCLUDE:

- performing intake analysis,
- providing a diagnosis,
- formulating a treatment plan, and
- providing therapy.

Hours and Availability

Clients are welcome to call (760) 715-5733 any time and may leave a message on a confidential voice mail system. Every effort will be made to return calls within 24 hours (or by the next business day). Clients may also send emails to Estela at ijebril@yahoo.com

Fee and Fee Arrangements

The usual fee for a 50-minute intake session or a regular 50-minute therapy session is \$50.00. Sessions longer than 50 minutes are charged for the additional time pro rata. A sliding scale is available for low-income clients.